

Somers Town Community Response

During times such as this there is very little that anyone can say that will make things better, or indeed make sense of the loss we are to bear or the hardship that we are to face; all we can do is come together to ensure those that need help receive it.

To this end **Somers Town Community Association, The St Pancras and Somers Town Living Centre, The Somers Town Job Hub, The Francis Crick Institute, Life After Hummus, Urban Community Projects, Somers Town Youth Team, the Ward Councillors, the Felix Project, Phoenix Court, We Are Ageing Better, Visually Impaired Camden, Little Village** and **many local residents** have come together to do all that we can to ensure that everyone in need receives help.

From 1st April for at least 3 months, the Somers Town Community Association and the St Pancras and Somers Town Living Centre will not be running their normal programme of activities, but will instead be running **Emergency Support Hubs** (see inside for more details).



Community update

MAKE @ Story Garden

In light of the COVID-19 pandemic we are closing MAKE @ Story Garden for the time being and postponing all events scheduled, whilst we work out how best to serve the Somers Town community, keeping MAKE participants, staff and students safe.

Story Garden – Global Generation

Some staff will be furloughed and a small team will offer the following services:

- Increased production of quick turn-around green leaves and veg to be distributed to local schools for vulnerable families
- Maintaining the gardens so they can provide respite and be ready for when it is safe for people to return
- Expanding our online presence to include: a platform for our young generators to share their ideas, writing and local social impact initiatives; interactive storytelling and craft sessions for families
- Producing 'Stay @ Home Garden' fortnightly pack of downloadable, nature oriented activities for all ages

Somers Town Community Association

150 Ossulston Street NW1 1EE

In partnership with **Life After Hummus, The Francis Crick Institute** and **Phoenix Court**, we will be delivering the 'Somers Town Coronavirus Community Action Response Support Centre'. Residents from the wards of St Pancras and Somers Town and Regents Park can access this support.

Help available here

Life After Hummus – Community Benefit Society

Community Fridge: free food surplus inclusive of fresh fruit and veg, dry goods, toiletries (inclusive of sanitary products). Provision is Halal and Vegan friendly

Help applying for ESA and Universal Credit

Community signposting

To access this support go to www.lifeafterhummus.com where you can find a referral form to complete. The service is open Thursday (pm), Friday, Saturday and Monday 9.00am – 6.00pm.

Little Village

Little Village are still operating, not as a drop-in service, but to ensure emergency support packs are distributed to those most in need. Please contact them directly if you need their support. Visit www.littlevillagehq.org

Somers Town Job Hub

The Somers Town Job Hub has moved online, please contact jobhub@somerstown.org.uk. Support to find jobs, help completing ESA/Universal Credit applications, CV advice, access to online training.

Somers Town Youth Programme

Somers Town Youth Programme has moved its programme online. Please contact youth@somerstown.org.uk and/or follow on Twitter: [@stcayouthclub](https://twitter.com/stcayouthclub) and Instagram: [@stcayouthclub](https://www.instagram.com/stcayouthclub) for more details.

The St Pancras and Somers Town Living Centre

2 Ossulston Street NW1 1DF

Help available here

Camden Mobile Foodbank

The Living Centre will be hosting the Camden Mobile Foodbank for the next 3 months; this Foodbank is run by Urban Community Projects. Please go to the Urban Community Projects website to see how to access this service. Visit www.urbancommunityprojects.org.uk

We Are Ageing Better

We Are Ageing Better have moved their services online where possible, and are working with Age UK Camden and Camden Council to ensure older residents are able to get access to support and help. Contact jess@weareageingbetter.org.uk

Age UK Camden

Age UK Camden emergency food parcels, internet shopping, information and advice, online book club. Call **020 7239 0400** 10.00am – 5.00pm.

Camden Council

If you are self-isolating and you need someone to bring you shopping, prescription medicines or anything else, call Camden Council on **020 7974 4444** and choose **option 9**.

You can also visit Camden Council's online directory which will help you find a local VCS organisation who can help with everyday tasks you might be struggling with. Visit www.coronavirus-help.camden.gov.uk

Camden Council help with food, prescriptions and other support. Visit www.coronavirus-help.camden.gov.uk

Social Services main duty line (for all Camden postcodes). Call **020 7974 4000** and choose **option 1**.

The Francis Crick Institute

Crick scientists are playing their part in tackling the virus. Almost 300 have volunteered to carry out essential diagnostic testing for the brilliant NHS, turning labs into a diagnostic testing facility. Other Crick scientists are learning more about COVID-19 to help the worldwide effort to fight the virus. Sign up to the newsletters for family activity ideas, how to get involved in virtual 'meet a scientist' sessions and more on the work the scientists are doing. Visit www.crick.ac.uk/news/newsletters

STAY AT HOME TO STOP CORONAVIRUS SPREADING

Everyone must stay at home to help stop the spread of coronavirus

You should only leave the house for very limited purposes:

- shopping for basic necessities, for example food and medicine, which must be as infrequent as possible
- one form of exercise a day, for example a run, walk, or cycle – alone or with members of your household
- any medical need, including to donate blood, avoid or escape risk of injury or harm, or to provide care or to help a vulnerable person
- travelling for work purposes, but only where you cannot work from home

Important

These reasons are exceptions – even when doing these activities, you should be minimising time spent outside of the home and ensuring you are 2 metres apart from anyone outside of your household.

How to stop infection spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus:

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Don't

- do not touch your eyes, nose or mouth if your hands are not clean